**Patient Name:** QUINTERO, JENNY

**Date of Birth:** 04/26/1979

**Date of Service:** 11/22/2021

**History of Present Illness:**  
This is a 42 year-old right hand dominant female who was involved in a motor vehicle accident on 05/09/2021. Patient was a front seat passenger with seatbelt on of a vehicle, which was involved in left driver's side collision. Patient injured Left Shoulder in the accident. The patient is here today for orthopedic evaluation.

The patient complains of left shoulder pain that is rated at 8/10, with 10 being the worst, which is sharp and dull in nature. Patient has numbness down the arm. The patient states that pain increases with raising overhead and improves with rest/medications.

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
Right shoulder surgery in 2006, C-section.

**Past Accident/Injuries:**

**Daily Medications:**  
Tramadol.

**Allergies:**  
No known drug allergies

**Social History:**  
Noncontributory.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 5 feet tall, weighs 123 pounds   
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Left Shoulder:**  
Examination of the shoulder revealed no tenderness to palpation. Range of motion Abduction 100 degrees (180 degrees normal ) Forward flexion 100 degrees(180 degrees normal ) Internal rotation 40 degrees (80 degrees normal ) External rotation 50 degrees (90 degrees normal )

**Diagnostic Imaging:**  
None reviewed.

**Assessment and Plan:**  
Diagnosis: Partial rotator cuff tear, left shoulder.   
Recommend PT.

The patient’s Left Shoulder was examined   
Patient is to return to the office in 8 weeks.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**